

My strongest attribute is my work ethic. I have grown up in a family with extremely hard-working parents and siblings, so it has been instilled in me since the day I was born. Because of this I have always enjoyed working and would try to help anywhere I could. If a family member needed a babysitter, I would offer my time, when my dad needed help fixing things around the house, I was his shadow. Since I was 15 years old, I was researching jobs so I could start working when I was 16.

Getting my first real job at Dream Riders at 16 became one of the most rewarding experiences to date. While working, I realized that not everyone has the same work ethic as I do. I tend to not take breaks throughout the day and started doing side tasks instead. I noticed many of my coworkers picked up on this habit. Because of this, more tasks were completed, and my managers began praising me for getting others to be productive as well.

In addition to working at Dream Riders, I started working at a restaurant in my hometown. While working there I would frequently get frustrated that many people would constantly take breaks while I would constantly try to keep myself occupied. My mentality was I'm being paid to be here so I should work but not everyone had that mentality. Because of the way I was raised, and was taught to go above and beyond, that's what I always strived for and not everyone will, but that is what makes me stand out compared to other employees.

It took me a while to understand the concept that some people do the bare minimum while at work. I now understand that everyone has their own concept of the amount of effort they should put into work. My strong work ethic has allowed me to

encourage my coworkers to persevere even when they are having a bad day. My managers are impressed by my worth ethic, and I believe this allows me to be a step above my competition. It will also allow me to be more assertive and get more experience for my future career in physical therapy. I can encourage my patients to always do their best to get stronger every day.